

OPTIMUM CHIROPRACTIC NEUROLOGY CENTER, LLC
Outline Procedure for New Patients

Step One: All new patients are requested to fill out a personal health questionnaire prior to their appointment.

Step Two: Your consultation with a doctor to discuss your health problems.

Step Three: Diagnostic chiropractic, orthopedic and neurological examination procedures to determine if chiropractic care is appropriate for your condition.

Step Four: You will be advised if there is the need of any additional procedures such as x-rays, MRI, & CAT scan.

Step Five: If your case requires immediate attention, treatment will be administered.

Step Six: You will be advised as to a time you can return for your "Report of Findings" so that the Doctor will inform you as to your examination results and whether or not your case has been accepted.

You will be informed of specific recommendations in regards to your condition.

Step Seven: If appropriate, your treatment plan will begin following your "Report of Findings".

Confidential Patient Information

Name _____ Social Security # _____ Date _____

Date of Birth _____ Age _____ Sex: M F Marital: M S W D How many Children? _____

Address _____ City _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email _____

By providing us with your email you are giving us permission to email you regarding OCNC news and promotions. We will never sell or rent your email address. And you can opt-out of receiving emails from us at any time.

Referred by: Patient (name) _____ Physician (name) _____

Therapist (name) _____ Ad (location) _____

Work Status: Employed Retired Disabled Full-time Student Part-time Student

Occupation _____ Employer _____

Employer Address _____ City _____ Zip _____

Policy Holder _____ Contract # _____ Group # _____

Name of Insurance Company _____ Phone _____

Name of Spouse/Partner _____ Occupation _____

Employer _____ Address _____

IN CASE OF EMERGENCY: (name of relative or close friend not living in your home)

Name _____ Hm Phone _____ Wk Phone _____

Why Chiropractic? People go to Chiropractors for a variety of reasons. Some go for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved to avoid future relapses (Corrective Care). Still others want whatever is malfunctioning in their bodies brought to the highest state of health possible in order to optimize their physical and emotional wellbeing (Comprehensive Care). Chiropractic Neurology offers some of the latest advanced procedures for optimizing your nervous system function.

Optimum Chiropractic Neurology Center, LLC stresses that it is always YOUR CHOICE to choose which care you desire. We will honor and support your choice and your Doctor will weigh your needs and desires when recommending your treatment program. Please check the type of care you wish to receive.

Relief Care Corrective Care Comprehensive Care I would like to discuss options with the doctor

Patient Signature _____ Date _____

Optimum Chiropractic Neurology Center, LLC

Please list your major complaints in order of severity:

- 1. _____ 4. _____
2. _____ 5. _____
3. _____ 6. _____

Complaint #1: When did you first notice this condition? _____

Did it begin [] immediate or [] gradually? (Please describe briefly) _____

What is the exact location of your symptoms? _____

Do your symptoms spread? [] No [] Yes Where? _____

How often do you experience these symptoms?

- [] Constant [] Frequent (75% of day) [] Often (50%) [] Seldom (25%) [] Rarely (less than 25%)

Is this condition progressively [] Worsening [] Improving or [] Unchanged

What is the intensity of your symptoms? [] Severe [] Moderate [] Mild

Rate your symptoms on a scale of 1-10 considering 1 (minimal) and 10 (severe/excruciating pain) _____

Is your pain [] Deep or [] Superficial

Please indicate the character of your pain: [] Dull [] Sharp [] Burning [] Aching [] Knife-like [] Throbbing

Are you experiencing any of the following associated symptoms? [] Pins & Needles [] Tingling [] Numbness

[] Twitching of muscles If yes, please describe _____

Please indicate what activities provoke (P) or aggravate (A) your condition:

- [] Sitting [] min [] Lying [] Lifting [] lbs [] Bowel movements [] Hot or Cold
[] Standing [] Pushing [] Gripping [] Mental activities
[] Walking [] Pulling [] Coughing/sneezing [] Bright lights

Please indicate what helps you to relieve the pain:

- [] Lying [] Walking [] Rest [] Medications
[] Sitting [] Standing [] Heat and Cold

List what doctors you have seen for this condition. (Including diagnoses, treatment received, and any changes in your condition) _____

*****Do not write below this line*****

Blank lines for handwritten notes.

Complaint #2: _____ When did you first notice this condition? _____

Did it begin immediate or gradually? (Please describe briefly) _____

What is the exact location of your symptoms? _____

Do your symptoms spread? No Yes Where? _____

How often do you experience these symptoms?

Constant Frequent (75% of day) Often (50%) Seldom (25%) Rarely (less than 25%) _____

Is this condition progressively Worsening Improving or Unchanged

What is the intensity of your symptoms? Severe Moderate Mild

Rate your symptoms on a scale of 1-10 considering 1 (minimal) and 10 (severe/excruciating pain) _____

Is your pain Deep or Superficial

Please indicate the character of your pain: Dull Sharp Burning Aching Knife-like Throbbing

Are you experiencing any of the following associated symptoms? Pins & Needles Tingling Numbness

Twitching of muscles If yes, please describe _____

Please indicate what activities provoke (P) or aggravate (A) your condition:

___ Sitting ___ min ___ Lying ___ Lifting ___ lbs ___ Bowel movements ___ Hot or Cold
___ Standing ___ Pushing ___ Gripping ___ Mental activities ___
___ Walking ___ Pulling ___ Coughing/sneezing ___ Bright lights ___

Please indicate what helps you to relieve the pain:

Lying Walking Rest Medications _____
 Sitting Standing Heat and Cold _____

List what doctors you have seen for this condition. (Including diagnoses, treatment received, and any changes in your condition) _____

Complaint #3: _____ When did you first notice this condition? _____

Did it begin immediate or gradually? (Please describe briefly) _____

What is the exact location of your symptoms? _____

Do your symptoms spread? No Yes Where? _____

How often do you experience these symptoms?

Constant Frequent (75% of day) Often (50%) Seldom (25%) Rarely (less than 25%) _____

Is this condition progressively Worsening Improving or Unchanged

What is the intensity of your symptoms? Severe Moderate Mild

Rate your symptoms on a scale of 1-10 considering 1 (minimal) and 10 (severe/excruciating pain) _____

Is your pain Deep or Superficial

Please indicate the character of your pain: Dull Sharp Burning Aching Knife-like Throbbing

Are you experiencing any of the following associated symptoms? Pins & Needles Tingling Numbness

Twitching of muscles If yes, please describe _____

Please indicate what activities provoke (P) or aggravate (A) your condition:

___ Sitting ___ min ___ Lying ___ Lifting ___ lbs ___ Bowel movements ___ Hot or Cold
___ Standing ___ Pushing ___ Gripping ___ Mental activities ___
___ Walking ___ Pulling ___ Coughing/sneezing ___ Bright lights ___

Please indicate what helps you to relieve the pain:

Lying Walking Rest Medications _____
 Sitting Standing Heat and Cold _____

List what doctors you have seen for this condition. (Including diagnoses, treatment received, and any changes in your condition) _____

Family History

Have any of your family members suffered from any of the following conditions?

- Diabetes
- Heart Disease
- Stroke
- Neurological Disorders _____
- Autoimmune Diseases _____
- Cancer _____
- Depression/Mental Illness
- _____
- _____

Medications

Please list your current medications and what taken for _____

Vitamins and Minerals

Do you take vitamins or minerals Yes No Do you think you need vitamins or minerals Yes No

Are you wearing: Inner Soles Heel Lifts Sole Lifts Arch Supports

Habits

- Tobacco Heavy Moderate Light None
- Alcohol Heavy Moderate Light None
- Coffee Heavy Moderate Light None
- Drugs Heavy Moderate Light None
- Exercise Heavy Moderate Light None
- Water Heavy Moderate Light None
- Appetite Heavy Moderate Light None
- Sleep Heavy Moderate Light None

CHECK any of the following conditions you have HAD and CIRCLE any condition you HAVE currently.

- Mental Disorders
- Venereal Infection
- Scarlet Fever
- Heart Disease
- Rheumatic Fever
- Autoimmune Disease
- Diabetes
- Anemia
- Glaucoma
- Alcoholism
- Arthritis
- Tumors
- Pneumonia
- Tuberculosis
- Hepatitis _____
- Thyroid Disease
- Parasites
- Epilepsy
- Infective Diseases _____
- Fungal Infection _____
- Herpes _____
- Drug Addiction _____
- Cancer _____
- _____

Nervous System

- Depression
- Memory Loss/Confusion
- Dizziness
- Numbness
- Weakness
- Poor Balance/Coordination
- Twitches/Tremor
- Cold/Tingling Extremities
- Sleeping Difficulties
- Headaches

EENT

- Vision Problems
- Flashing Lights
- Black Spots
- Blurriness
- Hearing Loss
- Ringing in Ears
- Swallowing Difficulty

Cardio Vascular

- Chest Pain
- Irregular Heartbeat
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling

GI

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Frequent Diarrhea
- Frequent Constipation
- Hemorrhoids
- Black/Bloody Stool
- Digestive Problems
- Abdominal Cramping
- Gas/Bloating After Meals
- Heartburn
- Weight Issues
- Gall Bladder Problems
- Liver Problems

GU

- Bladder Trouble
- Painful Urination
- Discolored Urination

Musculoskeletal

- Jaw Pain
- Difficulty Chewing
- Face Pain
- Neck Pain
- Arm/Elbow Pain
- Wrist/ Hand Pain
- Mid Back Pain
- Lower Back Pain
- Thigh/Knee Pain
- Ankle/Foot Pain
- Difficulty Walking
- Leg/Arm Fatigue

Reproductive

- Erectile Difficulties
- Sexual Dysfunction
- Menstrual Irregularity
- Menstrual Cramping

How often do you have a bowel movement? _____ Are your movements consistent? Yes No
Do your stools float or sink?

How many times a day do you urinate? _____ Is this consistent? Yes No
Do you experience any urgency, dribbling, incontinence? _____

